

Activity Holidays and Summer Camps

Barracudas Activity Camp

Age Range 4.5 - 16 Years

Bromley and Chislehurst camp

Tel: 0845 123 5299

Email: info@barracudas.co.uk

www.barracudas.co.uk

Disability Challengers

An independent charity providing inclusive play and leisure for disabled children and young people. A wide range of activities for disabled children and young people from the age of 2 - 25.

Tel: 01483 579390

Email: information@disability-challengers.org

www.disability-challengers.org

Woodlarks Campsite

Camping for adults and children with disabilities

Tilford Road, Farnham, Surrey, GU10 3RN

Tel: 01252 716 279

www.woodlarks.org.uk

Chicks

Moorland Retreat, Brentor, Tavistock PL19 0LX

Tel: 01822 811020

Email: coordinator@chicks.org.uk

www.chicks.org.uk

Over The Wall

Over The Wall is an activity camp run during the Easter and summer holidays.

The camp is for children aged 8-17 and their families, who are affected by serious illnesses and have been in and out of hospitals, away from school and home, facing treatments and living with uncertainty. Often their illness has taken away their confidence and created unease amongst their peer group, where they may feel they do not 'fit in'.

The camp helps children to rebuild their confidence and self-esteem by encouraging them to take part in a range of activities, such as, kayaking, climbing, horse riding, archery, arts and crafts, technology and media, as well as a weekly talent show and the opportunity to make new friends.

The children are supported during the week by the 'Over The Wall' staff, on a one-to-one basis and finally, a paediatric specialised team of doctors and nurses are on hand to provide support to the children where necessary.

Contact organisation for further details.

Tel: 02392 477 110

www.otw.org.uk

The Scout Holiday Homes Trust

Holiday homes within the UK for families with children with disabilities/additional needs and/or on a low income. All caravans and chalets have wheelchair access and full facilities.

Contact for further details.

Tel: 020 8433 7290

Fax: 020 8433 7184

www.holidayhomestrust.org.uk

Email: scout.holiday.homes@scouts.org.uk

Phab Projects

Phab provides and runs a range of projects enabling people with and without disabilities the opportunity to spend a week together at accessible venues and to be involved in a wide range of activities. Each project provides a safe, supportive environment which builds self-confidence, encourages young people to learn new skills and make new friends. Projects are offered at a subsidised rate.

- > Inclusive Living Experiences – for ages 9-16 (guideline only) with or without a disability – individuals, brothers and sisters, friends, small groups and carers can attend. You do not need to be a Phab Club Member.
- > Skills for Independence Project – residential short stay projects specially designed for young people aged 18-25. A wide variety of educational and vocational experiences are incorporated into activities and adventures to provide an informative experience.
- > Tall Ships Sailing Project – sailing with Phab and the Jubilee Sailing Trust. For young people 16 and over, with or without a disability. The ship is fully accessible and everyone is encouraged to take part in all aspects of sailing the ship.
- > Volunteering Opportunities – for ages over 16. Must attend a training day and obtain a Disclosure and Barring Check (DBS – which can be processed by Phab at no cost to the applicant).

For further information and to request an application form for a 'Phab project':

Tel: 01254 824784

Email: Rebecca.hargreaves@phab.org.uk

www.phab.org.uk

Happy Days Children's Charity

Type of grant: one-off grants ranging from £25- £1,000 for family holidays in the UK (occasionally children who are terminally ill are funded for an overseas holiday).

Also theatre and day trips to various locations and theatre workshops.

Eligibility criteria: grants the wishes of children aged 3-17 years living with life-threatening illnesses.

How to apply: applications on a form available from the families and groups bookings welfare officer. Calls welcome for advice and guidance.

Cody House, 90-100 Collington Street, Luton, LU1 1RX

Tel: 01582 755999

Email: happydayscharity@yahoo.co.uk or

enquiries@happydayscharity.org

www.happydayscharity.org

The National Holiday Fund for Sick Children

Type of grant: provides holidays to Florida.

Eligibility criteria: chronically or terminally ill children and temporarily or permanently disabled children aged 8-18 years. Does not provide grants.

How to apply: contact the charity for details of;

PO Box 318, Great Yarmouth, NR29 4WT

Tel: 01493 731 235

Email: nhfoffice@aol.com

www.nhfcharity.co.uk

Footprints

Provides permanent accommodation for five children and short break care for up to eight children aged from 3 to 17 years old.

Tel: 01227 780796

Email: admin@miles-of-smiles.org.uk

www.miles-of-smiles.org.uk

Links to Accessible Holiday information:

www.disabledholidaydirectory.co.uk

www.accessibletravel.co.uk

www.disabledholidayinfo.org.uk

www.disabledaccessholidays.com

www.holidayswithhelp.org.uk

European Health Insurance Card

When travelling abroad.

Email: ehicenquiries@ppa.nhs.uk

www.ehic.org.uk